



Menu for Aliso Viejo Town Center.....2 - 5

Menu for Lake Forest and Mission Viejo.....6 - 9



MENU FOR ALISO VIEJO LOCATION

Since 1994, Bagels & Brew has been the neighborhood gathering spot. We have watched your children grow up, welcomed your grandkids, celebrated birthdays, graduations, homecomings, milestones, fostered friendships, hosted daily and weekly breakfast “clubs” and have been your lunchtime favorite in our warm welcoming and friendly eatery. We have and always will be dedicated to serving our friends made from scratch, freshly prepared entrees, created with the highest quality of ingredients at a value.

HEALTHIER INGREDIENTS, HEALTHIER YOU

The food you have come to love and crave over the years is also great for you too. We proudly serve:

- **Foster Farms Simply Raised Chicken breasts from chicken raised with NO ANTIBIOTICS EVER**
- **Butterball Farm to Family Oven Roasted Turkey raised with NO ANTIBIOTICS EVER**
- **Hormel Natural Choice Roast Beef with NO NITRATES and preservatives added**
- **Hormel Natural Choice Ham with NO NITRATES and preservatives added**
- **Wild Planet pole and line caught sustainably sourced Albacore Tuna**
- **Fresh, minimally processed produce from local farms**

Every aspect of our menu has heart healthy antioxidant enriched, protein packed ingredients such as smoked salmon, blueberries, Acai, egg whites, quinoa, avocado, cranberries, steel cut oatmeal and gluten free toast to name a few.
Customize our entrees to fit your unique nutritional preferences

SUPERIOR BAGELS & CREAM CHEESE – HANDS DOWN, NO COMPARISON

We are fanatics about our cream cheese—serving Kraft Philadelphia cream cheese because why not indulge in the best. We hand mix our gourmet cream cheese daily with freshly chopped ingredients and never add preservatives. Our bagels are made from scratch in our in-house bakery, never frozen, no preservatives added, made with the highest quality flour and generous amounts of goodies added into the dough. They are boiled first, then baked, because by any other method is just a fluffy round roll.

HOME OF THE UNICORN BAGEL

We have also put the FUN back into food with our rainbow colored **UNICORN BAGELS** and deliciously yummy original cream cheeses like churro, oreo and birthday cake. Watch out for new flavors!! After a 6 hour process of forming and hand rolling our Unicorn bagels, they are baked just for you every Thursday through Sunday.

SAVE TIME - ORDER AHEAD , EASY & CONVENIENT



BAGELSANDBREW.COM



MOBILE APP



TEXT IN

CORPORATE CATERING
AT ITS BEST!!!

“We make you look good”

Over 20 years serving the OC
16 page menu online
Order at Catering@bagelsandbrew.com

LOCATIONS

LAKE FOREST

21771 Lake Forest Dr #100

Phone 949-951-8985

Text Line 949-395-6557

ALISO VIEJO

26601 Aliso Creek Rd #D

Phone 949-521-6120

Text Line 949-344-2285

MISSION VIEJO

23052 Alicia Pkwy #A

Phone 949-837-6977

Text Line 949-416-2001

BAGELSANDBREW.COM

FOLLOW US ON FACEBOOK, INSTAGRAM

KETTLE BOILED, MADE FROM SCRATCH BAGELS

Kettle –Boiled & Baked Fresh– the Traditional Way
We make our dough from scratch with all natural ingredients.
No oils, fats or preservatives added.

Plain	Bialy/Bialy Works	Spinach Herb	Orange Cranberry
Sesame	Egg	Amigo	Chocolate Chip
Works	Honey Wheat	Pretzel	Hawaiian
Poppy	7 Grain	Blueberry	Cinnamon Chip
Onion	Sourdough	Cinnamon Raisin	Banana Nut
		French Toast	

Ask about our **BAGEL & GOURMET CREAM CHEESE OF THE MONTH**

GOURMET BAGELS	1.39		
SPECIALTY BAGELS	1.89		
Cheddar Cheese	Jalapeno Cheddar	Pizza	Asiago Cheese
HALF DOZEN (6)	6.99	DOZEN (13)	10.99
BAKERS DOZEN DEAL	16.99		
13 bagels with 1 8oz plain and 1 8oz gourmet cream cheese			
OFFICE SPECIAL	19.99		
18 bagels with 1 lb. plain cream cheese			
DELUXE OFFICE SPECIAL	21.99		
18 bagels with 1 lb plain cream cheese & 8 oz gourmet cream cheese			

HOW DO YOU SCHMEAR?

We proudly serve  Cream Cheese.

PLAIN CREAM CHEESE	3.15		
choice of Philadelphia regular or light			
GOURMET CREAM CHEESE—made from scratch daily	3.29		
Garden Vegetable	Garlic Herb	Birthday Cake	
Salsa	Scallion	Oreo Cookie	
Cucumber Dill	Lox Spread	Honey Walnut	
Pesto & Sun Dried Tomato	Tuscan Artichoke	Blueberry	
Jalapeno Cheddar		Strawberry	
MISSION VIEJO—open face	5.49		
avocado, tomatoes, choice of cream cheese & lemon pepper			
SLICED NOVA SCOTIA SALMON	8.59		
nova salmon, cream cheese, red onion, tomatoes, greek olives & cucumbers			
LAGUNA WOODS—open-face	8.99		
nova salmon, hand crafted egg salad with dill & scallions, avocado & capers			
WHIPPED BUTTER	2.09	CREAM CHEESE & PRESERVES	3.39
BUTTER & PRESERVES	2.29	PEANUT BUTTER	2.79

**** EXTREME TOPPINGS—open face****

BIRTHDAY WISHES	4.29
fruity pebbles, birthday cake cream cheese & drizzle of cream cheese frosting	
CHOCOLATE DREAMS	4.29
cocoa pebbles, sliced banana, plain cream cheese & nutella drizzle	
OREO LANDSLIDE	4.29
oreo cookies crushed over oreo cream cheese	
Recommend: chocolate chip bagel	
ELVIS	5.19
honey cured bacon, sliced bananas, crunchy peanut butter & drizzle of honey.	
Recommend: French toast bagel.	
CHEESE PIZZA MELT	4.49
mozzarella, homemade marinara	
PEPPERONI MINIS PIZZA MELT	5.29
mini pepperoni, mozzarella cheese, marinara sauce	

FROM THE GRIDDLE

CINNAMON SWIRL BRIOCHE FRENCH TOAST	6.29
WITH HONEY CURED BACON, SAUSAGE OR TURKEY SAUSAGE	7.69
WITH 2 EGGS & HONEY CURED BACON, SAUSAGE OR TURKEY SAUSAGE	8.09
STUFFED FRENCH TOAST	7.49
hand-dipped cinnamon brioche layered with churro cheese & drizzled with caramel sauce and whip cream.	
BUTTERMILK PANCAKES	5.69
WITH HONEY CURED BACON, SAUSAGE OR TURKEY SAUSAGE	7.09
WITH 2 EGGS & HONEY CURED BACON, SAUSAGE OR TURKEY SAUSAGE	7.59
BELGIUM WAFFLE	5.69
WITH HONEY CURED BACON, SAUSAGE OR TURKEY SAUSAGE	7.09
WITH 2 EGGS & HONEY CURED BACON, SAUSAGE OR TURKEY SAUSAGE	7.59
Make it Extra Yummy, add...	
Strawberries, Blueberries, Banana or Chocolate Chips, each	1.00
Nutella or Whip Cream, each	.50

SAVORY EGG SAMMYS

Fresh Cracked Eggs cooked on a stove, never in a microwave
Substitute Egg Whites, add \$.59

BREAKFAST BAGELWICH	5.29
Open face bagel with 2 eggs and melted cheddar	
WITH HONEY CURED BACON, SAUSAGE OR TURKEY SAUSAGE	6.49
SUNRISE SANDWICH	4.19
Egg & cheddar sandwich	
WITH HONEY CURED BACON, SAUSAGE OR TURKEY SAUSAGE	4.99
SUNRISE SUPREME	5.69
bacon or sausage, cheddar, tomato, lettuce, egg & schmear of cream cheese	
SUNRISE OLE	6.19
bacon, avocado, salsa cream cheese, pepperjack, egg, tomato & lettuce	
BACON CHEESEBURGER SUNRISE	6.79
bacon, hamburger patty, cheddar, egg, lettuce, tomato & dijonnaise	
PARK AVE SUNRISE	6.89
nova salmon, tomato, fresh spinach, scallion cream cheese, egg & red onion	
SUNDRIED TOMATO & BASIL SUNRISE	5.29
mushrooms, fresh basil, tomato, provolone, scrambled egg & sundried tomato aioli.	
PESTO FLORENTINE SUNRISE	5.29
spinach, mushrooms, tomato, swiss, scrambled egg & pesto aioli.	
HEALTHY START SUNRISE	5.69
egg whites scrambled with sundried tomatoes, avocado, fresh basil & tuscan artichoke cream cheese. Add protein power turkey sausage +.49	

BREAKFAST IN A TORTILLA

Substitute Egg Whites add .59

PACO'S TACOS <i>new recipe</i>	8.09
sausage, green chili, red onions, cilantro, homemade tomatillo sauce, pepperjack & scrambled eggs, & a melon cup	
FIESTA BREAKFAST BURRITO	8.09
bacon, tomatoes, green chili, cilantro, onions, pepperjack & scrambled eggs with side of homemade roasted salsa, sour cream & a melon cup	
EI PATRON BREAKFAST BURRITO	8.09
spicy pork chorizo, potatoes, cheddar & scrambled eggs, with a side of homemade roasted salsa, sour cream & a melon cup.	
BUILD YOUR OWN BREAKFAST BURRITO	8.09
includes up to 4 items, additional/premium items extra, with salsa, sour cream & melon cup	

BREAKFAST IN A BOWL

Substitute Egg Whites add .59

QUINOA & EGG PROTEIN BOWL	6.89
avocado, red quinoa, jasmine rice & roasted veggie blend, black beans, spinach, 2 eggs over medium & a sprinkle of parmesan	
PORK CHORIZO & TATOR TOTS	7.29
with 2 over-medium eggs, cheddar, black beans, scallions & sour cream	
BACON, CHEDDAR & TATOR TOTS	7.29
with 2 over-medium eggs, crumbled honey cured bacon, cheddar, scallions & sour cream	
HONEYVILLE STEEL CUT OATMEAL	4.49
top it off with 4 of the following: crunchy granola, banana, raisins, dried cranberries, dried blueberries, coconut, walnuts, brown sugar or milk. Extra items .20 ea	

HOT FROM OUR SKILLET

Served with bagel or toast (with choice of topping) or sliced tomatoes or melon cup or country potatoes. Substitute Egg Whites, add \$.59

HAVE IT YOUR WAY OMELET	8.09
Includes up to 4 items, additional/premium items extra	
BACON, AVOCADO & TOMATO OMELET	8.09
with jack cheese	
PARIS OMELET	8.09
sausage, sautéed spinach, mushrooms, onions & swiss	
VEGGIE OMELET <i>new recipe</i>	7.89
sun-dried tomatoes, broccoli, mushrooms, bell peppers, onions & white cheddar	
HAM, AVOCADO & PEPPERJACK OMELET	8.09
SADDLEBACK SCRAMBLE	8.09
jalapeno smoked bacon, country potatoes, scallions, white cheddar & sour cream	
BAJA SCRAMBLE	8.09
bacon, tomatoes, green chili, cilantro, onions & pepperjack	
DOWNTOWN SCRAMBLE	8.09
bacon, mushrooms, tomatoes, onions & jack	
TWO EGGS, SCRAMBLED OR FRIED	5.29
WITH HONEY CURED BACON, SAUSAGE OR TURKEY SAUSAGE	
SIDE COUNTRY POTATOES	1.49

DELI DELICIOUS

CHIPOTLE RANCH TURKEY CLUB	8.79
turkey with <i>No Antibiotics Ever</i> , honey cured bacon, avocado, pepperjack, tomato, red onion, lettuce & chipotle ranch	
CALIFORNIA TURKEY	7.99
turkey with <i>No Antibiotics Ever</i> , avocado, tomato, lettuce, red onion, pickle, mayo & deli mustard	
TRIPLE DECKER CLUB	8.99
turkey with <i>No Antibiotics Ever</i> , Nitrate Free ham, honey cured bacon, avocado, swiss, tomato, lettuce & mayo	
CRANBERRY TURKEY	7.49
turkey with <i>No Antibiotics Ever</i> , mandarin cranberry sauce, cream cheese & lettuce	
SIGNATURE WILD TUNA SANDWICH	7.79
<i>Pole & Line Caught Wild Planet</i> albacore tuna mixed with cilantro, tomatoes, celery & mayo & served with tomato, cucumber, lettuce, red onion & mayo	
CRANBERRY TARRAGON CHICKEN SALAD	7.49
chicken breast diced with dried cranberries, touch of tarragon & mayo, and served with tomato, lettuce & mayo.	
VEGETARIAN	7.09
avocado, jack cheese, cucumbers, roasted red peppers, tomato, red onion, pickle, lettuce, mayo & deli mustard	
BLT WITH AVOCADO	7.59
honey cured bacon, sweet avocado, juicy tomato, crisp lettuce & mayo	
OLD FASHIONED EGG SALAD	7.39
handcrafted egg salad with dill, scallions & mayo, and served with field greens, cucumber, tomato & red onion	

CROCK OF SOUP

SOUP & BAGEL WITH CREAM CHEESE	cup 5.49	bowl 6.79
SOUP & SALAD- ADD	a cup of soup with any salad 3.49	
SOUP & SANDWICH- SUBSTITUTE	a cup of soup for your side choice 2.49	

HANDCRAFTED ANGUS BURGERS

Hand formed 1/2 lb **Angus Brisket & Chuck** patty on Brioche Bun, Charbroiled on an open flame to medium

JALAPENO BACON PATTY MELT	8.99
jalapeno smoked bacon, grilled jalapenos & onions, melted white cheddar & swiss on grilled rye bread	
CHIPOTLE AVOCADO & ORTEGA BURGER	8.99
avocado, ortega chili, jack cheese, tomato, red onion, pickle, lettuce & chipotle sauce	
MUSHROOM & SWISS ANGUS BURGER	8.69
sautéed mushrooms, swiss, tomato, red onion, pickle, lettuce & house sauce	
TILLAMOOK ANGUS BURGER	8.59
with tillamook cheddar cheese, lettuce, tomato, red onion pickle & house sauce	

HOT & MELTY SANDWICHES

REUBEN	8.79
choice of pastrami or turkey, melted swiss, sauerkraut & russian dressing on grilled rye	
CLASSIC FRENCH DIP	8.99
piled high <i>Hormel Natural Choice Nitrate Free</i> roast beef, melted provolone, grilled mushrooms & onions, side of au jus. Recommend: french roll or ciabatta	
MEXICALLI PHILLY <i>new recipe</i>	8.99
<i>Hormel Natural Choice Nitrate Free</i> roast beef, avocado, caramelized onions & green peppers, melted pepperjack & chipotle ranch	
ROAST BEEF & HORSERADISH CREAM	8.99
<i>Hormel Natural Choice Nitrate Free</i> roast beef, melted swiss, tomato, red onion, lettuce & horseradish cream aioli on grilled parmesan toast	
HOT SICILIAN	8.39
genoa salami, pepperoni, capicola, provolone, tomato, red onion, pepperoncini, lettuce, oregano & sundried tomato aioli	
TUNA MELT – open face	8.99
<i>Pole & Line Caught Wild Planet</i> tuna mixed with cilantro, tomatoes, celery & mayo, melted cheddar & grilled tomatoes	
FIRECRACKER TURKEY AVOCADO MELT	8.59
turkey with <i>No Antibiotics Ever</i> , avocado, grilled jalapenos, tomato, pepperjack & chipotle ranch	
PESTO SUN-DRIED TOMATO TURKEY MELT	8.39
turkey with <i>No Antibiotics Ever</i> , sun-dried tomatoes, sautéed spinach, sautéed mushrooms, provolone & pesto aioli	

All sandwiches served on your choice of :

Bagel Choice	Wheat Bread	Squaw Bread	Brioche Bun
French Roll	Sourdough Bread	Gluten Free Toast (+.99)	Tortilla Wrap
Ciabatta	Rye Bread	Rustic White Bread	Lettuce Wrap

CHICKEN COMES FIRST

CHICKEN CLUB	8.99
chicken breast with <i>No Antibiotics Ever</i> , honey cured bacon, avocado, swiss, tomato, red onion, pickle chips, lettuce & house sauce	
ROASTED RED PEPPER & GORGONZOLA MELT	8.79
chicken breast with <i>No Antibiotics Ever</i> , gorgonzola, sautéed spinach, roasted red peppers & sundried tomato aioli	
SANTA FE CHICKEN	8.59
chicken breast with <i>No Antibiotics Ever</i> , avocado, homemade roasted salsa, pepperjack, tomato, red onion, lettuce & chipotle ranch	
FIRE ROASTED ARTICHOKE CHICKEN	8.79
chicken breast with <i>No Antibiotics Ever</i> , roasted artichoke hearts, roasted red peppers, basil, provolone, tomato, field greens & sun dried tomato aioli	
HONEY MUSTARD CHICKEN	8.29
chicken breast with <i>No Antibiotics Ever</i> , caramelized onions, swiss, fresh spinach, tomato & honey mustard sauce	
CHICKEN PESTO	8.29
chicken breast with <i>No Antibiotics Ever</i> , provolone, field greens, tomato, red onion & pesto aioli	

CREATE YOUR FAVORITE Burger, Chicken or Deli Sandwich

Choice of 1 meat, 1 cheese & a variety of fixins

Priced according to items selected

FROM turkey & ham 7.49 roast beef 8.99 burger 8.59 chicken 8.29

TOSS YOUR OWN SALAD

Choice of greens, protein, veggies, toppings, dressings \$8.99
premium items extra

GREEN GOODNESS

WE LOVE BEET SALAD	8.79
roasted beets, candied walnuts, goat cheese, cranberries, mandarin oranges, field greens, kale & blackberry peppercom vinaigrette.	
ADD chicken breast with No Antibiotics Ever	+2.00
ADD grilled atlantic salmon filet	+4.00
QUINOA & KALE SUPERFOOD SALAD	8.49
red quinoa, jasmine rice & roasted veggie blend, avocado, jicama, kale, field greens & chili lime vinaigrette.	
ADD chicken breast with No Antibiotics Ever	+2.00
ADD grilled atlantic salmon filet	+4.00
PORTOFINO ROASTED ARTICHOKE SALAD	8.99
chicken with <i>No Antibiotics Ever</i> , roasted artichokes hearts, roasted red peppers, basil, tomatoes, goat cheese & field greens with balsamic vinaigrette.	
SUBSTITUTE grilled atlantic salmon filet for chicken	+3.60
COBB SALAD	8.99
chicken with <i>No Antibiotics Ever</i> , honey cured bacon, avocado, hard-boiled egg, gorgonzola cheese, tomato, cucumber & romaine with ranch dressing.	
BISTRO SALAD	8.89
chicken with <i>No Antibiotics Ever</i> , gorgonzola, candied walnuts, raisins, tomato, croutons, field greens, romaine & balsamic vinaigrette.	
PACIFIC SPINACH SALAD	8.89
chicken with <i>No Antibiotics Ever</i> , feta cheese, candied walnuts, dried cranberries, crisp apples, red onion, croutons, fresh spinach & field greens with our mango vinaigrette	
SOUTHWEST CHICKEN SALAD	8.69
chicken with <i>No Antibiotics Ever</i> , black beans, jicama, sweet corn, tomatoes, cilantro, onions, black olives, mozzarella cheese, tortilla strips & romaine with our spicy chipotle ranch dressing.	
ASIAN CHICKEN SALAD	8.49
chicken with <i>No Antibiotics Ever</i> , mandarin oranges, cucumbers, scallions, carrots, wontons, sesame seeds & romaine with our sesame ginger or thai peanut dressing	
GREEK FETA SALAD WITH CHICKEN	8.99
chicken with <i>No Antibiotics Ever</i> , feta cheese, tomatoes, cucumbers, red onions, bell peppers, pepperoncini, kalamata olives & romaine with our greek vinaigrette dressing	
TRADITIONAL CHICKEN CAESAR	8.09
chicken with <i>No Antibiotics Ever</i> , parmesan cheese, garlic croutons, tomatoes & crisp romaine with our signature Caesar dressing	

All sandwiches & burgers served with choice of 1 side item.

Homemade Potato Chips	Potato Salad	Green Salad	Apple
Crisscut French Fries	Kale Slaw	Caesar Salad	
Sweet Potato Fries (+.99)	Onion Rings (+2.49)	Cup of Soup (+2.49)	

ESPRESSO BAR

PROUDLY BREWING **KĒAN COFFEE** by **MARTIN DIEDRICH**

	Reg	Tall	Grande
CAFÉ MOCHA Choice of regular or sugar free chocolate	3.95	4.45	4.95
WHITE CHOCOLATE MOCHA	4.25	4.75	5.25
CAFÉ LATTE	3.45	3.95	4.45
CARAMEL LATTE ROYALE	4.25	4.75	5.25
CAPPUCCINO	3.45	3.95	4.45
CHAI TEA LATTE <i>CUSTOMER FAVORITE</i> Choice of spice, vanilla, decaf spice	3.65	4.25	4.45
FRESH BREWED	2.15	2.45	2.75
CAFÉ AMERICANO	2.65	2.95	3.35
HOT CHOCOLATE	2.95	3.35	3.75

COLD BREWS

ICED COFFEE over ice	2.45	2.75	3.45
ICED LATTE over ice	3.45	3.95	4.65
ICED MOCHA over ice	3.95	4.45	5.25
ICED CHAI TEA over ice	3.65	4.25	5.15

CHAI TEA FRAPPE	3.65	4.25	5.15
GLACIER FRAPPE <i>NEW RECIPE</i>		4.75	

Choice of mocha, vanilla or sugar-free mocha

COOKIES & CREAM GLACIER FRAPPE *NEW RECIPE* 4.95

CARAMEL GLACIER ROYALE FRAPPE *NEW RECIPE* 4.95

KONA KOFFEE KOOLER 5.35

espresso, java chip ice cream, chocolate sauce, whip cream

FLAVOR UP YOUR DRINK WITH A GOURMET SYRUP .50

Vanilla	Cinnamon	Salted Caramel	White Chocolate Sauce (.80)
Almond	Hazelnut	Raspberry	Caramel Sauce (.80)
Nectave	Sugar Free Vanilla		Sugar Free Caramel

B & B PLATES

SERVED ALL DAY

Add a green or Caesar salad to the plates below 1.50

CHICKEN & WAFFLES crispy chicken tenders with homemade belgium waffle, maple syrup	8.99
BAJA FISH TACOS 2 corn tortillas filled with beer battered cod, avocado, cilantro slaw and jalapeno aioli. Served with fiesta salad with chipotle ranch dressing	9.50
TUSCAN SHRIMP FLAT BREAD tender shrimp sautéed mushrooms, sundried tomato aioli, fresh basil and melted mozzarella cheese on a crisp flatbread	8.95
BEER BATTERED FISH & CHIPS beer battered cod & criss-cut french fries with our homemade remoulade sauce.	8.25
CHICKEN TENDERS & CRISS-CUT FRIES	8.35
JUST CHICKEN TENDERS Hand breaded chicken breast filets with ranch dressing	7.35

SAVORY BITES

B & B TRIO Crispy hand breaded chicken tenders, jalapeno ravioli, onion rings, marinara sauce	8.50
B & B JALAPENO RAVIOLI Cheesy & spicy breaded jalapeno ravioli with marinara sauce	6.49
ONION RINGS	3.49
SWEET POTATO FRIES	2.99
CRISS-CUT FRENCH FRIES	2.79
HOMEMADE POTATO CHIPS	2.25

REAL FRUIT SMOOTHIES

Made with 100% Natural Fruit Juices, Frozen Fruit, Nonfat Frozen Yogurt and/or Nondairy, Nonfat Raspberry Sorbet.

each 5.09

WIPEOUT	strawberries, peaches, banana, sorbet, yogurt, raspberry juice
PIPELINE	raspberries, strawberries, sorbet, yogurt, raspberry juice
HANGTEN	pineapple, strawberries, peaches, sorbet, yogurt, pineapple juice, mango juice
SUNSET	blueberries, raspberries, sorbet, yogurt, raspberry juice
THE WEDGE	blueberries, banana, yogurt, raspberry juice
RIP CURL	peaches, banana, yogurt, peach juice
BARNIE	strawberries, pineapple, coconut, yogurt, mango juice
HIGH TIDE	strawberries, peaches, sorbet, yogurt, peach juice
LONG BOARD	pineapple, peaches, banana, coconut, yogurt, mango juice
KOWABUNGA	peanut butter, banana, yogurt, nonfat milk
FREESTYLE	You call it!

SAMBAZON ACAI

ACAI SMOOTHIE 6.29
acai sorbet, strawberries, banana, apple juice

EPIC BOWL 7.49

acai sorbet blended with banana, strawberries and apple juice
TOPPING: banana, strawberries, coconut, granola & honey

BEACH BREAK BOWL 7.49

acai sorbet blended with almond milk, peanut butter, banana, strawberries
TOPPING: banana, granola, strawberries, honey

B & B PLATES

SERVED ALL DAY

Add a green or Caesar salad to the plates below 1.50

MARGARITA PASTA Served after 1pm on Saturday & Sunday Linguini topped with fresh buffalo mozzarella, basil and sweet tomatoes. Served with garlic parmesan toast. Add grilled chicken breast 1.50	8.50
PASTA BOLOGNESE Served after 1pm on Saturday & Sunday Linguini tossed in a hearty Italian meat sauce, topped with fresh parsley and shredded parmesan cheese. Served with garlic parmesan toast.	8.50
MANGO SALMON Freshly grilled atlantic salmon filet on a bed of quinoa & jasmine rice mix and topped with our famous mango salsa, with a side of sautéed spinach and parmesan toast.	10.95
GRILLED CHICKEN WITH ARTICHOKE TAPENADE Grilled chicken breast topped with mix of roasted artichoke hearts, roasted red peppers, tomato, garlic and basil and garnished with goat cheese. Served with choice of 1 side choice* and sautéed spinach and parmesan toast	9.95
BBQ BABY BACK RIBS Half rack of juicy baby back ribs with a smokey BBQ sauce. Served with choice of 1 side choice* and sautéed spinach and parmesan toast	10.95

*Side choice

quinoa & jasmine rice mix	homemade potato salad
criss-cut fries	kale slaw
sweet potato fries	fruit cup



MENU FOR MISSION VIEJO & LAKE FOREST LOCATIONS

Since 1994, Bagels & Brew has been the neighborhood gathering spot. We have watched your children grow up, welcomed your grandkids, celebrated birthdays, graduations, homecomings, milestones, fostered friendships, hosted daily and weekly breakfast “clubs” and have been your lunchtime favorite in our warm welcoming and friendly eatery. We have and always will be dedicated to serving our friends made from scratch, freshly prepared entrees, created with the highest quality of ingredients at a value.

HEALTHIER INGREDIENTS, HEALTHIER YOU

The food you have come to love and crave over the years is also great for you too. We proudly serve:

- Foster Farms Simply Raised Chicken breasts from chicken raised with **NO ANTIBIOTICS EVER**
- Butterball Farm to Family Oven Roasted Turkey raised with **NO ANTIBIOTICS EVER**
- Hormel Natural Choice Roast Beef with **NO NITRATES** and preservatives added
- Hormel Natural Choice Ham with **NO NITRATES** and preservatives added
- Wild Planet pole and line caught sustainably sourced Albacore Tuna
- Fresh, minimally processed produce from local farms

Every aspect of our menu has heart healthy antioxidant enriched, protein packed ingredients such as Smoked Salmon, Blueberries, Acai, egg whites, quinoa, avocado, cranberries, steel cut oatmeal and gluten free toast to name a few.
Customize our entrees to fit your unique nutritional preferences

SUPERIOR BAGELS & CREAM CHEESE – HANDS DOWN, NO COMPARISON

We are fanatics about our cream cheese—serving Kraft Philadelphia cream cheese because why not indulge in the best. We hand mix our gourmet cream cheese daily with freshly chopped ingredients and never add preservatives. Our bagels are made from scratch in our in-house bakery, never frozen, no preservatives added with the highest quality flour and generous amounts of goodies added into the dough. They are boiled first, then baked, because by any other method is just a fluffy round roll.

HOME OF THE UNICORN BAGEL

We have also put the FUN back into food with our rainbow colored **UNICORN BAGELS** and deliciously yummy original cream cheeses like churro, oreo and birthday cake. Watch out for new flavors!! After a 6 hour process of forming and hand rolling our Unicorn bagels, they are baked just for you every Thursday through Sunday.

SAVE TIME - ORDER AHEAD , EASY & CONVENIENT



BAGELSANDBREW.COM



MOBILE APP



TEXT IN

CORPORATE CATERING
AT ITS BEST!!!

“We make you look good”

Over 20 years serving the OC
16 page menu online
Order at Catering@bagelsandbrew.com

LOCATIONS

LAKE FOREST

21771 Lake Forest Dr #100
Phone 949-951-8985
Text Line 949-395-6557

ALISO VIEJO

26601 Aliso Creek Rd #D
Phone 949-521-6120
Text Line 949-344-2285

MISSION VIEJO

23052 Alicia Pkwy #A
Phone 949-837-6977
Text Line 949-416-2001

BAGELSANDBREW.COM

FOLLOW US ON FACEBOOK, INSTAGRAM

KETTLE BOILED, MADE FROM SCRATCH BAGELS

Kettle –Boiled & Baked Fresh– the Traditional Way
We make our dough from scratch with all natural ingredients.
No oils, fats or preservatives added.

Plain	Bialy/Bialy Works	Spinach Herb	Orange Cranberry
Sesame	Egg	Amigo	Chocolate Chip
Works	Honey Wheat	Pretzel	Hawaiian
Poppy	7 Grain	Blueberry	Cinnamon Chip
Onion	Sourdough	Cinnamon Raisin	Banana Nut
		French Toast	

Ask about our **BAGEL & GOURMET CREAM CHEESE OF THE MONTH**

GOURMET BAGELS	1.39
SPECIALTY BAGELS	1.89
Cheddar Cheese Jalapeno Cheddar Pizza Asiago Cheese	
HALF DOZEN (6)	6.99
DOZEN (13)	10.99
BAKERS DOZEN DEAL	16.99
13 bagels with 1 8oz plain and 1 8oz gourmet cream cheese	
OFFICE SPECIAL	19.99
18 bagels with 1 lb. plain cream cheese	
DELUXE OFFICE SPECIAL	21.99
18 bagels with 1 lb plain cream cheese & 8 oz gourmet cream cheese	

HOW DO YOU SCHMEAR?

We proudly serve  Cream Cheese.

PLAIN CREAM CHEESE	3.15
choice of Philadelphia regular or light	
GOURMET CREAM CHEESE—made from scratch daily	3.29
Garden Vegetable Garlic Herb Birthday Cake	
Salsa Scallion Oreo Cookie	
Cucumber Dill Lox Spread Honey Walnut	
Pesto & Sun Dried Tomato Tuscan Artichoke Blueberry	
Jalapeno Cheddar Strawberry	
MISSION VIEJO—open face - original avocado toast	5.49
avocado, tomatoes, choice of cream cheese & lemon pepper	
SLICED NOVA SCOTIA SALMON	8.59
nova salmon, cream cheese, red onion, tomatoes, greek olives & cucumbers	
LAGUNA WOODS—open-face	8.99
nova salmon, hand crafted egg salad with dill & scallions, avocado & capers	
WHIPPED BUTTER 2.09 CREAM CHEESE & PRESERVES	3.39
BUTTER & PRESERVES 2.29 PEANUT BUTTER	2.79

**** EXTREME TOPPINGS—open face****

BIRTHDAY WISHES	4.29
fruity pebbles, birthday cake cream cheese & drizzle of cream cheese frosting	
CHOCOLATE DREAMS	4.29
cocoa pebbles, sliced banana, plain cream cheese & nutella drizzle	
OREO LANDSLIDE	4.29
oreo cookies crushed over oreo cream cheese	
Recommend: chocolate chip bagel	
ELVIS	5.19
honey cured bacon, sliced bananas, crunchy peanut butter & drizzle of honey.	
Recommend: French toast bagel.	
CHEESE PIZZA MELT	4.49
mozzarella, homemade marinara	
PEPPERONI MINIS PIZZA MELT	5.29
mini pepperoni, mozzarella cheese, marinara sauce	

FROM THE GRIDDLE

CINNAMON SWIRL BRIOCHE FRENCH TOAST	6.29
WITH HONEY CURED BACON, SAUSAGE OR TURKEY SAUSAGE	7.69
WITH 2 EGGS & HONEY CURED BACON, SAUSAGE OR TURKEY SAUSAGE	8.09
STUFFED FRENCH TOAST	7.49
hand-dipped cinnamon brioche layered with churro cheese & drizzled with caramel sauce and whip cream.	
Make it Extra Yummy, add...	
Strawberries, Blueberries, Banana or Chocolate Chips, each	1.00
Nutella or Whip Cream, each	

SAVORY EGG SAMMYS

Fresh Cracked Eggs cooked on a stove, never in a microwave
Substitute Egg Whites, add \$.59

BREAKFAST BAGELWICH	5.29
Open face bagel with 2 eggs and melted cheddar	
WITH HONEY CURED BACON, SAUSAGE OR TURKEY SAUSAGE	6.49
SUNRISE SANDWICH Egg & cheddar sandwich	4.19
WITH HONEY CURED BACON, SAUSAGE OR TURKEY SAUSAGE	4.99
SUNRISE SUPREME	5.69
bacon or sausage, cheddar, tomato, lettuce, egg & schmear of cream cheese	
SUNRISE OLE	6.19
bacon, avocado, salsa cream cheese, pepperjack, egg, tomato & lettuce	
BACON CHEESEBURGER SUNRISE	6.79
bacon, hamburger patty, cheddar, egg, lettuce, tomato & dijonaise	
PARK AVE SUNRISE	6.89
nova salmon, tomato, fresh spinach, scallion cream cheese, egg & red onion	
SUNDRIED TOMATO & BASIL SUNRISE	5.29
mushrooms, fresh basil, tomato, provolone, scrambled egg & sundried tomato aioli.	
PESTO FLORENTINE SUNRISE	5.29
spinach, mushrooms, tomato, swiss, scrambled egg & pesto aioli.	
HEALTHY START SUNRISE	5.69
egg whites scrambled with sundried tomatoes, avocado, fresh basil & tuscan artichoke cream cheese. Add protein power turkey sausage +.49	

BREAKFAST IN A TORTILLA

Substitute Eggs Whites, add .59

PACO'S TACOS new recipe	8.09
sausage, green chili, red onions, cilantro, homemade tomatillo sauce, pepperjack & scrambled eggs with a melon cup	
FIESTA BREAKFAST BURRITO	8.09
bacon, tomatoes, green chili, cilantro, onions, pepperjack & scrambled eggs with side of homemade roasted salsa, sour cream & a melon cup	
EI PATRON BREAKFAST BURRITO	8.09
spicy pork chorizo, potatoes, cheddar & scrambled eggs, with a side of homemade roasted salsa, sour cream & a melon cup.	
BUILD YOUR OWN BREAKFAST BURRITO	8.09
includes up to 4 items, additional/premium items extra, with salsa, sour cream & melon cup	

BREAKFAST IN A BOWL

Substitute Egg Whites, add .59

QUINOA & EGG PROTEIN BOWL	6.89
avocado, red quinoa, jasmine rice & roasted veggie blend, black beans, spinach, 2 eggs over medium & a sprinkle of parmesan	
PORK CHORIZO & POTATO BOWL	7.29
with 2 over-medium eggs, cheddar, black beans, scallions & sour cream	
BACON, CHEDDAR & POTATO BOWL	7.29
with 2 over-medium eggs, crumbled honey cured bacon, cheddar, scallions & sour cream	
HONEYVILLE STEEL CUT OATMEAL	4.49
top it off with 4 of the following: crunchy granola, banana, raisins, dried cranberries, dried blueberries, coconut, walnuts, brown sugar or milk.	

HOT FROM OUR SKILLET

Served with bagel or toast (with choice of topping) or sliced tomatoes or melon cup or country potatoes. Substitute Egg Whites, add \$.59

HAVE IT YOUR WAY OMELET	8.09
Includes up to 4 items, additional/premium items extra	
BACON, AVOCADO & TOMATO OMELET	8.09
with jack cheese	
PARIS OMELET	8.09
sausage, sautéed spinach, mushrooms, onions & swiss	
VEGGIE OMELET new recipe	7.89
sun-dried tomatoes, broccoli, mushrooms, bell peppers, onions & white cheddar	
HAM, AVOCADO & PEPPERJACK OMELET	8.09
SADDLEBACK SCRAMBLE	8.09
jalapeno smoked bacon, country potatoes, scallions, white cheddar & sour cream	
BAJA SCRAMBLE	8.09
bacon, tomatoes, green chili, cilantro, onions & pepperjack	
DOWNTOWN SCRAMBLE	8.09
bacon, mushrooms, tomatoes, onions & jack	
TWO EGGS, SCRAMBLED OR FRIED	5.29
WITH HONEY CURED BACON, SAUSAGE OR TURKEY SAUSAGE	6.49
SIDE COUNTRY POTATOES	1.49

DELI DELICIOUS

CHIPOTLE RANCH TURKEY CLUB	8.79
turkey with <i>No Antibiotics Ever</i> , honey cured bacon, avocado, pepperjack, tomato, red onion, lettuce & chipotle ranch	
CALIFORNIA TURKEY	7.99
turkey with <i>No Antibiotics Ever</i> , avocado, tomato, lettuce, red onion, pickle, mayo & deli mustard	
TRIPLE DECKER CLUB	8.99
turkey with <i>No Antibiotics Ever</i> , Nitrate Free ham, honey cured bacon, avocado, swiss, tomato, lettuce & mayo	
CRANBERRY TURKEY	7.49
turkey with <i>No Antibiotics Ever</i> , mandarin cranberry sauce, cream cheese & lettuce	
SIGNATURE WILD TUNA SANDWICH	7.79
<i>Pole & Line Caught Wild Planet</i> albacore tuna mixed with cilantro, tomatoes, celery & mayo & served with tomato, cucumber, lettuce, red onion & mayo	
CRANBERRY TARRAGON CHICKEN SALAD	7.49
chicken breast diced with dried cranberries, touch of tarragon & mayo, and served with tomato, lettuce & mayo.	
VEGETARIAN	7.09
avocado, jack cheese, cucumbers, roasted red peppers, tomato, red onion, pickle, lettuce, mayo & deli mustard	
BLT WITH AVOCADO	7.59
honey cured bacon, sweet avocado, juicy tomato, crisp lettuce & mayo	
OLD FASHIONED EGG SALAD	7.39
handcrafted egg salad with dill, scallions & mayo, and served with field greens, cucumber, tomato & red onion	

CROCK OF SOUP

SOUP & BAGEL WITH CREAM CHEESE	cup 5.49	bowl 6.79
SOUP & SALAD- ADD a cup of soup with any salad	3.49	
SOUP & SANDWICH- SUBSTITUTE a cup of soup for your side choice	2.49	

HANDCRAFTED ANGUS BURGERS

Hand formed 1/2 lb **Angus Brisket & Chuck** patty on Brioche Bun, Charbroiled on an open flame to medium

JALAPENO BACON PATTY MELT	8.99
jalapeno smoked bacon, grilled jalapenos & onions, melted white cheddar & swiss on grilled rye bread	
CHIPOTLE AVOCADO & ORTEGA BURGER	8.99
avocado, ortega chili, jack cheese, tomato, red onion, pickle, lettuce & chipotle sauce	
MUSHROOM & SWISS ANGUS BURGER	8.69
sautéed mushrooms, swiss, tomato, red onion, pickle, lettuce & house sauce	
TILLAMOOK ANGUS BURGER	8.59
with tillamook cheddar cheese, lettuce, tomato, red onion pickle & house sauce	

HOT & MELTY SANDWICHES

REUBEN	8.79
choice of pastrami or turkey, melted swiss, sauerkraut & russian dressing on grilled rye	
CLASSIC FRENCH DIP	8.99
piled high <i>Hormel Natural Choice Nitrate Free</i> roast beef, melted provolone, grilled mushrooms & onions, side of au jus. Recommend: french roll or ciabatta	
MEXICALLI PHILLY <i>new recipe</i>	8.99
<i>Hormel Natural Choice Nitrate Free</i> roast beef, avocado, caramelized onions & green peppers, melted pepperjack & chipotle ranch	
ROAST BEEF & HORSERADISH CREAM	8.99
<i>Hormel Natural Choice Nitrate Free</i> roast beef, melted swiss, tomato, red onion, lettuce & horseradish cream aioli on grilled parmesan toast	
HOT SICILIAN	8.39
genoa salami, pepperoni, capicola, provolone, tomato, red onion, pepperoncinis, lettuce & sundried tomato aioli	
TUNA MELT – open face	8.99
<i>Pole & Line Caught Wild Planet</i> tuna mixed with cilantro, tomatoes, celery & mayo, melted cheddar & grilled tomatoes	
FIRECRACKER TURKEY AVOCADO MELT	8.59
turkey with <i>No Antibiotics Ever</i> , avocado, grilled jalapenos, tomato, pepperjack & chipotle ranch	
PESTO SUN-DRIED TOMATO TURKEY MELT	8.39
turkey with <i>No Antibiotics Ever</i> , sun-dried tomatoes, sautéed spinach, sautéed mushrooms, provolone & pesto aioli	

CHICKEN COMES FIRST

CHICKEN CLUB	8.99
chicken breast with <i>No Antibiotics Ever</i> , honey cured bacon, avocado, swiss, tomato, red onion, pickle chips, lettuce & house sauce	
ROASTED RED PEPPER & GORGONZOLA MELT	8.79
chicken breast with <i>No Antibiotics Ever</i> , gorgonzola, sautéed spinach, roasted red peppers & sundried tomato aioli	
SANTA FE CHICKEN	8.59
chicken breast with <i>No Antibiotics Ever</i> , avocado, homemade roasted salsa, Pepperjack, tomato, red onion, lettuce & chipotle ranch	
FIRE ROASTED ARTICHOKE CHICKEN	8.79
chicken breast with <i>No Antibiotics Ever</i> , roasted artichoke hearts, roasted red peppers, basil, provolone, tomato, field greens & sun dried tomato aioli	
HONEY MUSTARD CHICKEN	8.29
chicken breast with <i>No Antibiotics Ever</i> , caramelized onions, swiss, fresh spinach, tomato & honey mustard sauce	
CHICKEN PESTO	8.29
chicken breast with <i>No Antibiotics Ever</i> , provolone, field greens, tomato, red onion & pesto aioli	

CREATE YOUR FAVORITE

Burger, Chicken or Deli Sandwich

Choice of 1 meat, 1 cheese & a variety of fixins

Priced according to items selected

FROM turkey & ham 7.49 roast beef 8.99 burger 8.59 chicken 8.29

TOSS YOUR OWN SALAD

Choice of greens, protein, veggies, toppings, dressings \$8.99
premium items extra

GREEN GOODNESS

WE LOVE BEET SALAD	8.79
roasted beets, candied walnuts, goat cheese, cranberries, mandarin oranges, field greens, kale & blackberry peppercorn vinaigrette.	
ADD chicken breast with <i>No Antibiotics Ever</i> +2.00	
ADD grilled atlantic salmon filet +4.00	
QUINOA & KALE SUPERFOOD SALAD	8.49
red quinoa, jasmine rice & roasted veggie blend, avocado, jicama, kale, field greens & chili lime vinaigrette.	
ADD chicken breast with <i>No Antibiotics Ever</i> +2.00	
ADD grilled atlantic salmon filet +4.00	
PORTOFINO ROASTED ARTICHOKE SALAD	8.99
chicken with <i>No Antibiotics Ever</i> , roasted artichokes hearts, roasted red peppers, basil, tomatoes, goat cheese & field greens with balsamic vinaigrette.	
SUBSTITUTE grilled atlantic salmon filet for chicken +3.60	
COBB SALAD	8.99
chicken with <i>No Antibiotics Ever</i> , honey cured bacon, avocado, hard-boiled egg, gorgonzola cheese, tomato, cucumber & romaine with ranch dressing.	
BISTRO SALAD	8.89
chicken with <i>No Antibiotics Ever</i> , gorgonzola, candied walnuts, raisins, tomato, croutons, field greens, romaine & balsamic vinaigrette.	
PACIFIC SPINACH SALAD	8.89
chicken with <i>No Antibiotics Ever</i> , feta cheese, candied walnuts, dried cranberries, crisp apples, red onion, croutons, fresh spinach & field greens with our mango vinaigrette	
SOUTHWEST CHICKEN SALAD	8.69
chicken with <i>No Antibiotics Ever</i> , black beans, jicama, sweet corn, tomatoes, cilantro, onions, black olives, mozzarella cheese, tortilla strips & romaine with our spicy chipotle ranch dressing.	
ASIAN CHICKEN SALAD	8.49
chicken with <i>No Antibiotics Ever</i> , mandarin oranges, cucumbers, scallions, carrots, wontons, sesame seeds & romaine with our sesame ginger or thai peanut dressing	
GREEK FETA SALAD WITH CHICKEN	8.99
chicken with <i>No Antibiotics Ever</i> , feta cheese, tomatoes, cucumbers, red onions, bell peppers, pepperoncinis, kalamata olives & romaine with our greek vinaigrette dressing	
TRADITIONAL CHICKEN CAESAR	8.09
chicken with <i>No Antibiotics Ever</i> , parmesan cheese, garlic croutons, tomatoes & crisp romaine with our signature Caesar dressing	

All sandwiches served on your choice of :

Bagel Choice	Wheat Bread	Squaw Bread	Brioche Bun
French Roll	Sourdough Bread	Gluten Free Toast (+.99)	Tortilla Wrap
Ciabatta	Rye Bread	Rustic White Bread	Lettuce Wrap

All sandwiches & burgers served with choice of 1 side item.

Homemade Potato Salad	Green Salad	Potato Chips
Kale Slaw	Caesar Salad	Apple
Pasta Salad	Cup of Soup (+2.49)	Melon Cup (.79)

ESPRESSO BAR

PROUDLY BREWING **KĚAN COFFEE** by **MARTIN DIEDRICH**

	Reg	Tall	Grande
CAFÉ MOCHA	3.95	4.45	4.95
Choice of regular or sugar free chocolate			
WHITE CHOCOLATE MOCHA	4.25	4.75	5.25
CAFÉ LATTE	3.45	3.95	4.45
CARAMEL LATTE ROYALE	4.25	4.75	5.25
CAPPUCCINO	3.45	3.95	4.45
CHAI TEA LATTE <i>CUSTOMER FAVORITE</i>	3.65	4.25	4.45
Choice of spice, vanilla, decaf spice			
FRESH BREWED	2.15	2.45	2.75
CAFÉ AMERICANO	2.65	2.95	3.35
HOT CHOCOLATE	2.95	3.35	3.75

COLD BREWS

ICED COFFEE over ice	2.45	2.75	3.45
ICED LATTE over ice	3.45	3.95	4.65
ICED MOCHA over ice	3.95	4.45	5.25
ICED CHAI TEA over ice	3.65	4.25	5.15

CHAI TEA FRAPPE 3.65 4.25 5.15

GLACIER FRAPPE *NEW RECIPE* 4.75

Choice of mocha, vanilla or sugar-free mocha

COOKIES & CREAM GLACIER FRAPPE *NEW RECIPE* 4.95

CARAMEL GLACIER ROYALE FRAPPE *NEW RECIPE* 4.95

KONA KOFFEE KOOLER 5.35

espresso, java chip ice cream, chocolate sauce, whip cream

FLAVOR UP YOUR DRINK WITH A GOURMET SYRUP .50

Vanilla Cinnamon Salted Caramel White Chocolate Sauce(.80)

Almond Hazelnut Raspberry Caramel Sauce (.80)

Nectave Sugar Free Vanilla Sugar Free Caramel

Coffee drinks are made with whole milk.

REAL FRUIT SMOOTHIES

Made with 100% Natural Fruit Juices, Frozen Fruit, Nonfat Frozen Yogurt and/or Nondairy, Nonfat Raspberry Sorbet.

each 5.09

WIPEOUT strawberries, peaches, banana, sorbet, yogurt, raspberry juice

PIPELINE raspberries, strawberries, sorbet, yogurt, raspberry juice

HANGTEN pineapple, strawberries, peaches, sorbet, yogurt

pineapple juice, mango juice

SUNSET blueberries, raspberries, sorbet, yogurt, raspberry juice

THE WEDGE blueberries, banana, yogurt, raspberry juice

RIP CURL peaches, banana, yogurt, peach juice

BARNIE strawberries, pineapple, coconut, yogurt, mango juice

HIGH TIDE strawberries, peaches, sorbet, yogurt, peach juice

LONG BOARD pineapple, peaches, banana, coconut, yogurt, mango juice

KOWABUNGA peanut butter, banana, yogurt, nonfat milk

FREESTYLE You call it!

SAMBAZON ACAI

ACAI SMOOTHIE 6.29

acai sorbet, strawberries, banana, apple juice

EPIC BOWL 7.49

acai sorbet blended with banana, strawberries and apple juice

TOPPING: banana, strawberries, coconut, granola & honey

BEACH BREAK BOWL 7.49

acai sorbet blended with almond milk, peanut butter, banana, strawberries

TOPPING: banana, granola, strawberries, honey